


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 This Day in History 10:00 Cesar's Healthy Joints 11:00 Mardi Gras Bingo 1:30 Mardi Gras Beads 2:00 Wellness Vitals 3:00 Mardi Gras Party and Second Line 6:00 Mardi Gras Feature Film <i>King Creole</i> Mardi Gras	9:30 Morning Stroll 10:00 Strength and Balance Workout 11:00 Bingo 1:00 Israel Holy Sites Tour 2:00 Lenten Traditions Around the World 3:00 Art Outside the Lines with Betty 4:00 Wine and Jazz Hour 6:00 Comedy Feature <i>Harold and Maude</i> Ash Wednesday	9:30 Group Crossword Challenge 10:00 Chair HIIT 11:00 Bingo 1:00 Celebrity Feature 2:00 Women in Film: Julie Dash 3:00 Active Living Planning Session 4:00 A Walk in the Park 4:30 Current Events Discussion 6:00 Featured Director: Julie Dash <i>Daughters of the Dust</i>	9:30 Morning Stretch and Stroll 10:00 Silver Sneakers 11:00 Cantor Mitzi's Shabbat Service 1:00 Yosemite America's Most Spectacular National Park 2:00 Melrose Nail Express 2:00 Audible Book Club 3:00 Bingo 4:00 Martel Stroll 4:30 Safe Listening for Life 6:00 Friday Evening Opera <i>Carmen</i>	10:00 Saddleback Church Service 11:00 Bingo 1:30 HASFit Healthy Joints 2:00 Saturday Afternoon Entertainment 3:00 Poker Club 4:00 "Luck of the Irish" Sing Along 6:00 Saturday Night Fun Flick <i>A Fish Called Wanda</i>
10:00 Chair Yoga 11:00 Bingo 1:30 Musical Relaxation 2:00 TED Talk: 3:00 Musical Matinee <i>The Music Man</i> 6:00 Netflix Docuseries <i>The Royal House of Windsor</i>	9:30 Morning Affirmations 10:00 Strength and Balance 11:00 Bingo 1:00 Celebrity Feature: Kenny Rogers 2:00 Southern Fried History: The Irish in the South 3:00 Jeopardy Challenge 4:00 Martel Stroll 4:30 The History Behind Women's History Month 6:00 Modern Film Classic <i>Harry Potter and the Goblet of Fire</i>	9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:30 Rivers and Rails: Daggers of the Civil War 2:00 Women in Science Marie Curie 2:00 Posh and Polished Nails 3:30 Blackjack Club 4:00 A Walk in the Park 4:30 World Issues Discussion 6:00 Tuesday Night Biopic <i>Radioactive</i>	9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:15 World of Mysteries: The Bermuda Triangle 2:00 Music Appreciation: Etta James 3:00 Crafty Creations: Dried Flower Toast 4:00 Happy Hour: March Birthday 6:00 Netflix Series <i>The Crown</i>	9:30 Scattegories Challenge 10:00 Sit and Be Fit 11:00 Bingo 1:00 Secrets of the Super Elements 2:00 Resident Council Meeting 3:00 Kidney Health Awareness 4:00 Poinsettia Stroll 4:30 Sports Recap 6:00 Hollywood Golden Age Film <i>On the Waterfront</i>	9:30 A Walk in the Park 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 12:00 Lunch Bunch: 1:00 America's wildlife Refuge 2:00 Tech Support 1 on 1 2:00 Audible Book Club 3:00 Fun with Limericks 4:00 Bingo 6:00 Friday Evening Cinema <i>The Curious Case of Benjamin Button</i>	10:00 Saddleback Church Service 11:00 Bingo 1:30 Chair HIIT with Meredith 2:00 Saturday Afternoon Entertainment 3:00 Artistic Expression: Waterlilies 4:00 Sentimental Scrapplers 6:00 Saturday Night Fun Flick <i>Arsenic and Old Lace</i>
10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 Scrabble Club 3:00 Musical Matinee <i>Cabaret</i> 6:00 Netflix Docuseries <i>The Royal House of Windsor</i> Daylight Saving Time Begins	9:30 Math Bee 10:00 Cardio Drumming 11:00 Bingo 1:30 Periodicals and Relaxing Piano 2:00 Makers and Bakers Mini Cherry Pies 3:00 Women in Mathematics Katherine Johnson 4:00 A Walk in the Park 6:00 Modern Film Classic <i>Hidden Figures</i> Pi Day	9:30 Scattegories 10:00 Healthy Joints with Cesar 11:00 Bingo 1:00 Judy Justice 2:00 Posh and Polished Nails 2:00 Coffee Chat with the Executive Director 3:00 Armchair Travel Savannah, Georgia 4:00 Poinsettia Stroll 6:00 Tuesday Night Biopic <i>Just Mercy</i>	9:30 Morning Stroll 10:00 Weight Circuit 11:00 Bingo 1:00 Daniel Boone 2:00 The Story of Purim 3:00 Art Outside the Lines with Betty 4:00 Happy Hour: Sip and Paint with Danielle 6:00 Netflix Series <i>The Crown</i> Purim Begins	9:30 Truth or Blarney? 10:00 Fit to the Core 11:00 "Pot O' Gold" Bingo 1:00 History of Ireland 2:00 Sky Gazers: What is the March Equinox? 3:00 St. Patty's Day Celebration 4:00 Green Beer Tasting 6:00 St. Patrick's Day Feature <i>Far and Away</i> St. Patrick's Day	9:30 Poinsettia Stroll 10:00 Dreamy Yoga 11:00 Cantor Mitzi's Shabbat Service 1:00 Appalachia The Endless Forest 2:00 Gardens Nail Express 2:00 Audible Book Club 3:00 Crafty Creations: Dream Pillows 4:00 Pajama Bingo 6:00 Friday Night Cinema <i>What Dreams May Come</i> World Sleep Day	10:00 Saddleback Church Service 11:00 Bingo 1:00 Cardio with HASfit 2:00 Saturday Afternoon Live Entertainment 3:00 Bird Watching on the Patio 4:00 Roulette Challenge 6:00 Saturday Night Fun Flick 9 to 5
10:00 Chair Yoga 11:00 Bingo 1:30 TED Talk: 2:00 Poker Club 3:00 Musical Matinee <i>Mama Mia!</i> 6:00 Netflix Docuseries <i>The Royal House of Windsor</i> Spring Begins	9:30 Group Poem 10:00 Kickboxing Workout 11:00 Bingo 1:15 Springtime Stories: The Secrets of Nature 2:00 Poetic Creations 3:00 Poetry Open Mic and Mocktails 4:30 Martel Stroll 6:00 World Poetry Day Feature Film <i>Dead Poets Society</i> World Poetry Day	9:30 Group Crossword 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Judy Justice 2:00 Melrose Nail Salon 2:00 Food for Thought 3:00 Game On 4:00 A Walk in the Park 4:30 Tech Talk Tuesday 6:00 Tuesday Night Biopic <i>Breakthrough</i>	9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Virtual Tour of the Opera in the Modern Age 3:00 Art Outside the Lines with Betty 4:00 Happy Hour Welcome New Residents! 6:00 Netflix Series <i>The Crown</i>	9:30 Scattegories Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 Celebrity Feature: Amelia Earhart 2:00 Women in Literature Jane Austen 3:00 Resident Auction 4:00 Poinsettia Stroll 4:30 World Check In 6:00 Hollywood Golden Age Film <i>Pride and Prejudice</i>	9:30 Melrose Walking Club 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 1:00 Bizarre Animal Appearances 2:00 Emergency and Disaster Training 3:00 Red Hat Society: My Life in a Bag 3:00 Men's Club: Scrabble and Brews 4:00 Bingo 6:00 Friday Night Cinema <i>The Sixth Sense</i>	10:00 Saddleback Church Service 11:00 Bingo 1:30 Feel Good Simple Stretches 2:00 Saturday Afternoon Live Entertainment 3:00 Art Pages for Relaxation 4:00 Sentimental Scrapplers 6:00 Saturday Night Fun Flick <i>Tootsie</i>
10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 News and Views 3:00 Musical Matinee <i>Guys and Dolls</i> 6:00 Netflix Docuseries <i>The Royal House of Windsor</i>	9:30 Guided Meditation 10:00 Strength and Balance 11:00 Bingo 1:00 Hidden Secrets of the Royal Kitchen 2:00 Chef Demo: Fried Pickles 3:00 Jeopardy Challenge 4:00 Poinsettia Stroll 6:00 Modern Film Classic: Goldfinger	9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Judy Justice 2:00 Melrose Nail Salon 2:00 Women in Justice Ruth Bader Ginsberg 3:00 Game On 4:30 A Walk in the Park 6:00 Tuesday Night Biopic <i>RBG</i>	9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Entertainer Feature: Rue McClanahan 2:00 Jeopardy Day Trivia Extravaganza 3:00 Art Outside the Lines with Betty 4:00 Happy Hour Mint Julep 6:00 Netflix Series <i>The Crown</i>	9:30 Scattegories Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 MLB Opening Day! Dodgers vs. Rockies 3:00 Dodger Dogs and Game Day Recap 4:00 Poinsettia Stroll 4:30 World Check In 6:00 Hollywood Golden Age Film <i>Seven Samurai</i>	 <h1 style="color: purple; text-align: center;">MARCH 2022</h1>	