

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**HAPPY
THANKSGIVING**

<p>9:30 Morning Affirmations 10:00 Chair Cycle 11:00 Bingo 1:00 <i>Dia De Los Muertos</i> 2:00 Makers and Bakers: Sugar Skull Cookies 3:00 Dia De Los Muertos Trivia 3:30 Marigold Paper Flower Creations 4:30 A Walk in the Park 6:00 Holiday Feature Film Coco Dia De Los Muertos</p>	<p>1 9:30 Morning Affirmations 10:00 Chair Cycle 11:00 Bingo 1:00 <i>Dia De Los Muertos</i> 2:00 Makers and Bakers: Sugar Skull Cookies 3:00 Dia De Los Muertos Trivia 3:30 Marigold Paper Flower Creations 4:30 A Walk in the Park 6:00 Holiday Feature Film Coco Dia De Los Muertos</p>	<p>2 9:30 That's So Cliche 10:00 Cesar's Healthy Joints 11:00 Bingo 1:30 The Art of Maria Callas 2:00 Gardens Nail Spa 2:30 Casino Royale 3:30 Eddic and Skaldik Poetry 6:00 Tuesday Night Biopic <i>Vice</i> Happy Birthday, Ruth S.</p>	<p>3 9:30 Morning Stroll 10:00 Golden Era Fitness 11:00 Bingo 1:15 Hollywood Entertainer Feature: Rue McClanahan 2:00 For Your Health Series American Diabetes Month 3:00 Art Outside the Lines Tulle Turkey Wreaths 4:00 Happy Hour: Beer and Pretzels 6:00 Netflix Series <i>The Queen's Gambit</i></p>	<p>4 9:30 Group Crossword Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 The British Museum Virtual Tour 2:00 What is Diwali? 2:30 Henna on Canvas 3:30 Current Events Discussion 4:30 A Walk in the Park 6:00 Hollywood Golden Age Film <i>Imitation of Life</i></p>	<p>5 9:30 Reykjavik Roasters 10:00 Chair Barre 11:00 Cantor Mitzi's Shabbat Service 1:00 Our Planet: Forests 2:00 Activities & Film Committee 3:00 Sing Along to the Classics 3:30 Fall Photography Stroll 4:00 Bingo 6:00 Friday Evening Opera <i>La Rondine</i></p>	<p>6 10:00 Saddleback Church Service 11:00 Bingo 1:30 HASFit Healthy Joints 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Saturday Afternoon Live Entertainment 4:00 Gratitude Journal 6:00 Saturday Night Fun Flick <i>The Odd Couple</i></p>
<p>7 10:00 Chair Yoga 11:00 Bingo 1:30 Musical Relaxation 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Sunday Afternoon Matinee: Malcolm X 6:00 Classic Television Series <i>The Mary Tyler Moore Show</i> Daylight Saving Time Ends</p>	<p>8 9:30 Guided Meditations 10:00 Kickboxing 11:00 Bingo 1:00 Cascadia: A Place Where Giants Roam 2:00 Makers and Bakers: Raspberry Tarts 3:00 Jeopardy Challenge 4:00 I Have Never... 4:30 Poinsettia Walk 6:00 Modern Classic Film: The Breakfast Club</p>	<p>9 9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Beethoven Listening Party 2:00 Melrose Nail Salon 2:30 Geography of Iceland 3:30 Board Game Cafe 6:00 Tuesday Night Biopic <i>The Founder</i> Happy Birthday, Richard M.</p>	<p>10 9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Hollywood Entertainer Feature: Elizabeth Montgomery 2:00 Trivial Pursuit 3:00 Art Outside the Lines with Betty 4:00 Happy Hour: Manhattan 6:00 Netflix Series <i>The Queen's Gambit</i></p>	<p>11 9:30 Scattegories Challenge 10:00 Fit to the Core 11:00 Bingo 12:00 Veteran's Day Luncheon 1:30 Patriotic Sing Along 2:00 Resident Council 3:00 Honoring our Veterans 3:30 Bingo 4:30 Poinsettia Stroll 6:00 Hollywood Golden Age Film <i>Sunset Blvd</i> Veterans Day</p>	<p>12 9:30 Pumpkin Spice Cafe 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 1:00 The Beautiful World of the Amazon 2:00 Women's Empowerment Hour 3:00 Writing Club 3:30 Bingo 4:30 Fall Photography Stroll 6:00 Friday Evening Musical <i>Hair</i></p>	<p>13 10:00 Saddleback Church Service 11:00 Bingo 1:30 Chair HIIT with Meredith 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Saturday Afternoon Live Entertainment 4:00 Imagine! Draw! Paint! Create! Sketching 6:00 Saturday Night Fun Flick <i>School of Rock</i></p>
<p>14 10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Sunday Afternoon Matinee: The Way We Were 6:00 Classic Television Series <i>The Mary Tyler Moore Show</i></p>	<p>15 9:30 Morning Affirmations 10:00 Chair Cycle 11:00 Bingo 1:00 The Most Peaceful Places on Earth 2:00 Crafted Creations: Concrete Pumpkins 3:00 The Life and Works of Georgia O'Keefe 4:00 Name that Classical Tune 4:30 A Walk in the Park 6:00 Modern Film Classic: Annie Hall</p>	<p>16 9:30 Finish the Phrase 10:00 Healthy Joints with Cesar 11:00 Bingo 1:00 The Music of Les Misérables 2:00 Happy Nails 2:30 Strange Icelandic Traditions 3:30 Casino Royale 6:00 Tuesday Night Biopic <i>A Beautiful Day in the Neighborhood</i></p>	<p>17 9:30 Morning Stroll 10:00 Golden Era Fitness 11:00 Bingo 1:00 Hollywood Entertainer Feature: Fred Gwynne 2:00 Roulette 101 3:00 Art Outside the Lines with Betty 4:00 Happy Hour: November Birthday Toast 6:00 Netflix Series <i>The Queen's Gambit</i></p>	<p>18 9:30 Group Crossword Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 Metropolitan Museum of Art 2:00 Food For Thought 3:00 Coffee Creations 3:30 Current Events Discussion 4:30 A Walk in the Park 6:00 Hollywood Golden Age Film <i>A Letter to Three Wives</i> Happy Birthday, Fusako H. Happy Birthday, Flora S.</p>	<p>19 9:30 Reykjavik Roasters 10:00 Chair Barre 11:00 Cantor Mitzi's Shabbat Service 1:00 The Journey of the Snowy Owl 2:00 Men's Club: Rummikub on the Patio 3:00 Sing Along to Country Classics 3:30 Bingo 4:30 Fall Photography Stroll 6:00 Friday Night Musical <i>La La Land</i></p>	<p>20 10:00 Saddleback Church Service 11:00 Bingo 1:00 Cardio with HASfit 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Saturday Afternoon Live Entertainment with Pianist JD 4:00 Gratitude Journal 6:00 Saturday Night Fun Flick <i>Mrs Doubtfire</i></p>
<p>21 10:00 Chair Yoga 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Sunday Afternoon Matinee: Breakfast at Tiffany's 6:00 Classic Television Series <i>The Mary Tyler Moore Show</i></p>	<p>22 9:30 Guided Meditation 10:00 Poinsettia Stroll 10:30 Rubber Block Printmaking 11:30 Holiday Greetings 1:15 Survival of the Weirdest 2:00 Makers and Bakers: S'mores on the Patio 3:00 Trivia Challenge 4:00 Bingo 6:00 Modern Film Classic: Lost in Translation</p>	<p>23 9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Liszt Listening Party 2:00 Melrose Nail Salon 2:30 The Ancient Sagas of Iceland 3:30 Scrabble Showdown 6:00 Tuesday Night Biopic <i>Ford v. Ferrari</i></p>	<p>24 9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Hollywood Entertainer Feature: Billy Jack 2:00 Bingo 3:00 Art Outside the Lines 4:00 Happy Hour: Pumpkin Pie Martini 6:00 Netflix Series: <i>The Queen's Gambit</i></p>	<p>25 9:30 Macy's Thanksgiving Day Parade 10:00 Fit to the Core 11:00 Bingo 12:00 Thanksgiving Family Luncheon 1:30 Thanksgiving Football Raiders at Cowboys 3:00 Resident Holiday Tricky Tray Auction 4:30 Poinsettia Stroll 6:00 Thanksgiving Feature: Hannah and Her Sisters Thanksgiving Day</p>	<p>26 9:30 Pumpkin Spice Cafe 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 1:00 Our Planet: High Seas 2:00 Women's Empowerment Hour 3:00 Writing Club 3:30 Bingo 4:30 Fall Photography Stroll 6:00 Friday Evening Opera <i>Don Giovanni</i></p>	<p>27 10:00 Saddleback Church Service 11:00 Bingo 1:30 Total Body Work with Meredith 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Saturday Afternoon Live Entertainment 4:00 Game On 6:00 Saturday Night Fun Flick <i>Meet the Fockers</i></p>
<p>28 10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club: Chicken Soup for the Golden Soul 3:00 Sunday Afternoon Matinee: Fiddler on the Roof 4:30 Hanukkah Candle Lighting, Songs and Doughnuts 6:00 Classic Television Series <i>The Mary Tyler Moore Shows</i> Hanukkah Begins</p>	<p>29 9:30 Morning Affirmations 10:00 Square Dance Fitness 11:00 Bingo 1:00 The Real Truth About Hanukkah 2:00 Crafted Creations: Needlepoint Dreidels 3:00 Hanukkah Poetry Hour 4:00 A Walk in the Park 4:30 Hanukkah Candle Lighting 6:00 Modern Film Classic: Full Court Miracle Happy Birthday, Phyllis S.</p>	<p>30 9:30 That's So Cliche 10:00 Healthy Joints with Cesar 11:00 Bingo 1:00 The Music of Luciano Pavarotti 2:00 Happy Nails 2:30 History of Iceland 3:30 Casino Royale 4:30 Hanukkah Candle Lighting 6:00 Tuesday Night Biopic <i>Resistance</i></p>	<h1>November 2021</h1>			