
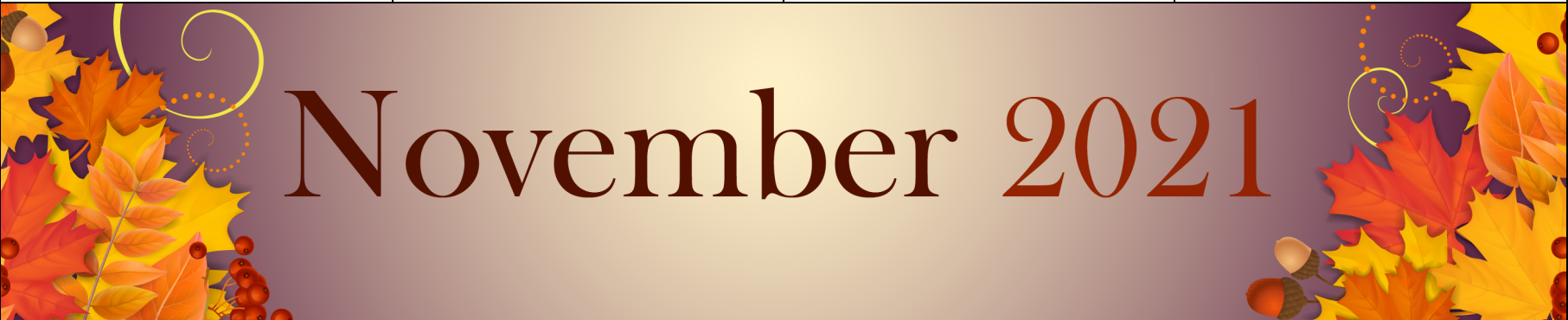


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Pictionary 10:00 Cycling Class 11:00 Iceland's Skaldic Poetry 1:30 Bingo 2:00 Brain HQ 3:15 Caramel Dipped Apples 4:15 Power Walk 6:00 Modern Classic Film	2 9:30 Summer Walking Club 10:00 Yoga Breath and Flow 11:00 Iceland Virtual Tour 1:30 Art Cart 2:30 Bubbe's Kitchen: Pita and Hummus 3:15 Volleyball Tournament 4:00 Afternoon Sunshine Stroll 6:00 Tuesday Biopics	3 9:30 Scattergories 10:00 Core Workout 11:00 Brain Aerobics 1:30 Musical Theatre Karaoke 2:00 Poker 3:00 High Tea & Chocolate Cookies 4:15 Community Walk 6:00 Bette Midler Movies	4 9:30 Caramel Apple Tea & Thoughtful Talks 10:00 Musical Fitness 11:00 Autumn Word Challenge 1:30 Autumn Colors Water Painting 2:00 Fresh Fruit Parfait Creations 3:15 Rummikube 4:00 Evening Stroll 6:00 Hollywood Golden Age Film	5 9:30 Beach Meditation 10:00 Muscle Sculpting 11:00 Music Appreciation 1:30 Bingo 2:00 World Issue Discussion 3:15 Drawing Class Series 4:15 Power Walk in the Park 6:00 Friday Night Musical	6 9:30 Saddleback Church Services 10:00 Kick Ball 11:00 Appreciating 1:30 Stretch and Lengthen 2:00 Live Entertainment 3:15 Game On 4:00 Garden Walk and Water 6:00 Saturday Night Fun Flick
7 9:30 Catholic Mass 10:00 Flexibility Workout 11:00 Fall Oil Pastel Designs 1:30 Bowling League 2:15 Sinatra Sing Along 3:15 Tiles Tournament 4:00 Evening Stroll 6:00 Classic Television Series: "Andy Griffith" Daylight Saving Time Ends	8 9:30 Pictionary 10:00 Hoedown Dance Fitness 11:00 Favorite Books of all Time 1:30 Learning How to Drum 2:00 Floral Arrangement Design 3:15 Article Review 4:15 Poinsettia Stroll 6:00 Men's Movie Night	9 9:30 Healthy Joint Club 10:00 Chair Yoga 11:00 Iceland Virtual Tour 1:30 Art Cart 2:30 Bubbe's Kitchen: Potato Latkes 3:15 Happy Hour 4:00 Community Walk 6:00 Tuesday Biopics	10 9:30 Scattergories 10:00 Kick Ball 11:00 You Be the Judge! 1:30 Musical Theatre Karaoke 2:00 DIY Flower Painting Series 3:15 Balloon Toss 4:15 Power Walk 6:00 Bette Midler Movies	11 9:30 Pumpkin Spice Coffee Cafe 10:00 Chair Barre 11:00 Veterans Word Challenge 1:30 Painting New England Fall Foliage 2:00 Cottages Spa Manicures 3:15 Volleyball Toss 4:00 Summer Stroll 6:00 Hollywood Golden Age Film Veterans Day	12 9:30 Garden Meditation 10:00 Chair Yoga 11:00 Art Appreciation 1:30 Dancing with the Stars 2:00 Polymer Clay Modeling 3:15 Scrabble Words 4:15 Cottages Walking Club 6:00 Friday Night Musical	13 9:30 Saddleback Church Services 10:00 Muscle Sculpting 11:00 Musical Sing Along 1:30 Happy Hour and Trivia 2:00 Live Entertainment 3:15 Game On 4:00 Community Walk 6:00 Saturday Night Fun Flick
14 9:30 Catholic Mass 10:00 Dance Fitness 11:00 Math Brain Teasers 1:30 Grandparents Day High Tea 2:15 Karaoke with the Rat Pack 3:15 Tiles Challenge 4:00 Power Walk Club 6:00 Classic Television Series: "That Girl"	15 9:30 Pictionary 10:00 Cycling Class 11:00 Group Poetry Creation 1:30 Bingo 2:00 Brain HQ 3:15 Baking Fall Recipes 4:15 Cottages Walking Club 6:00 Modern Classic Film	16 9:30 Step It Up! Walking Club 10:00 Yoga Breath and Flow 11:00 Iceland Virtual Tour 1:30 Art Cart 2:30 Bubbe's Kitchen: Challah Bread 3:15 Kick Ball 4:00 Evening Stroll 6:00 Tuesday Biopics	17 9:30 Scattergories 10:00 Cycling Class 11:00 Brain Aerobics 1:30 Musical Theatre Karaoke 2:00 Poker 3:15 Article Review 4:15 Summer Stroll 6:00 Bette Midler Movies	18 9:30 Caramel Apple Tea & Thoughtful Talks 10:00 Musical Fitness 11:00 Turkey Word Challenge 1:30 Autumn Colors Water Painting 2:00 Chocolate Fruit Dipping 3:15 Rummikube 4:00 Afternoon Sunshine Stroll 6:00 Hollywood Golden Age Film	19 9:30 Park Meditation 10:00 Line Dance Fitness 11:00 Music Appreciation 1:30 Balloon Volleyball 2:00 Wacky Words 3:15 Poker Game 4:15 Evening Stroll 6:00 Opera Night	20 9:30 Saddleback Church Services 10:00 Dance Fitness 11:00 Spanish Class 1:30 Game On 2:00 Live Entertainment 3:15 Game On 4:15 Cottages Walking Club 6:00 Saturday Night Fun Flick
21 9:30 Catholic Mass 10:00 Muscle Sculpting 11:00 Fall Wreath Craft Decorations 1:30 Bowling League 2:15 Sinatra Sing Along 3:15 Tiles Challenge 4:00 Garden Stroll 6:00 Classic Television Series: "Andy Griffith"	22 9:30 Pictionary 10:00 Hoedown Dance Fitness 11:00 Brain Fitness 1:30 Learning How to Drum 2:00 Floral Arrangement Design 3:15 Musical Sing Along 4:15 Evening Stroll 6:00 Modern Classic Film	23 9:30 Morning Walk in the Park 10:00 Chair Yoga 11:00 Iceland Virtual Tour 1:30 Art Cart 2:30 Bubbe's Kitchen: Pumpkin Pie 3:15 Happy Hour 4:00 Power Walking Club 6:00 Tuesday Biopics	24 9:30 Scattergories 10:00 Kickball 11:00 You Be the Judge! 1:30 Musical Theatre Karaoke 2:00 Arts and Crafts Series 3:15 Activity Committee Meeting 4:15 Cottages Walking Club 6:00 Bette Midler Movies	25 9:30 Pumpkin Spice Coffee Cafe and Macy's Day Parade 10:00 Chair Barre 11:00 Thanksgiving Word Challenge 12:00 Thanksgiving Feast & Festivities 2:30 Football! 3:15 Iced Coffee & Pumpkin Cookies 4:00 Poinsettia Stroll 6:00 Hollywood Golden Age Film Thanksgiving Day	26 9:30 Garden Meditation 10:00 Chair Yoga 11:00 Art Appreciation 1:30 Dancing with the Stars 2:00 Polymer Clay Modeling 3:15 Scrabble Words 4:15 Cottages Walking Club 6:00 Friday Night Musical	27 9:30 Saddleback Church Services 10:00 Zumba Salsa Dance 11:00 Movie Star Trivia 2:00 Live Entertainment 3:15 Game On 4:00 Community Walk 6:00 Saturday Night Fun Flick
28 9:30 Catholic Mass 10:00 Kick Ball 11:00 Hanukkah Brain Teasers 1:30 Herbal Hand Massage 2:00 Karaoke with the Rat Pack 3:15 Tiles Challenge 4:00 Summer Stroll 4:30 Hanukkah Candle Lighting 6:00 Classic Television Series: "That Girl" Hanukkah Begins	29 9:30 Pictionary 10:00 Cycling Class 11:00 Group Poetry Creation 1:30 Bingo 2:00 Brain HQ 3:15 Baking Fall Recipes 4:15 Cottages Walking Club 4:30 Hanukkah Candle Lighting 6:00 Modern Classic Film	30 9:30 Step It Up! Walking Club 10:00 Yoga Breath and Flow 11:00 Hanukkah Trivia 1:30 Art Cart 2:30 Bubbe's Kitchen: Challah Bread 3:15 Kick Ball 4:00 Evening Stroll 4:30 Hanukkah Candle Lighting 6:00 Tuesday Biopics				

November 2021