



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>BREAKFAST Hot or Cold Cereal, Yogurt Parfait, Omelettes, Toast, Fresh Fruit</p> <p>LUNCH Lentil Soup Turkey Burger w/ trimmings French Fries Orange Sorbet</p> <p>DINNER Matza Ball Soup Fish of the Day Vegetables / Rice Sugar Cookies</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Carrot Soup, Lox Bagel w/ Cream Cheese, Tomatoes, Onion & Olives Egg Salad Pear Plum Crisps</p> <p>DINNER Cabbage Soup Pepper Chicken, Veggies Fried Rice, Jell-O W/ Fruit, Matzah</p>
<p>BREAKFAST Breakfast Muffins, Scrambled Eggs with trimmings, Toast, Fresh Fruit</p> <p>LUNCH Lima Bean Soup Lemon Chicken Legs Green Salad Garlic Bread Ice Cream Sundaes</p> <p>DINNER Tortilla Soup Spinach Quiche w/ Fried Rice Chocolate Chip Muffin</p>	<p>BREAKFAST Hot or Cold Cereal, Eggs Any Style, Toast, Fresh Fruit</p> <p>LUNCH Egg Drop Soup Orange Chicken Steamed Vegetables Almond Cookies</p> <p>DINNER Vegetable Soup Beef w/ Broccoli, Steamed Rice Ice Cream</p>	<p>BREAKFAST Hot or Cold Cereal, French Toast, Scrambled Eggs w/ Trimmings, Fresh Fruit, Prunes</p> <p>LUNCH Navy Bean Soup Quiche, Salad, Garlic Bread Seasonal Fruit</p> <p>DINNER Split Peas Soup Meatloaf Mashed Potatoes Herbed Tomato Salad Chocolate Pudding</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Roasted Lentil Veggie Soup Turkey Enchiladas w/ Cream Rice/Beans Sherbet</p> <p>APRIL BIRTHDAY DINNER Green Pea Soup Roasted Chicken Loaded Beet Salad Birthday Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Vegetable Soup Grilled Chicken Squash Roasted Potatoes Sliced Melons</p> <p>DINNER Italian Soup Spaghetti w/ Meat Sauce Garden Salad Tiramisu</p>	<p>BREAKFAST Cream Of Wheat, Pancakes, Eggs Any Style, Fresh Fruit</p> <p>LUNCH Tomato Soup Chicken Curry Peppers/Rice Cucumber Salad, Pudding Parfait</p> <p>DINNER Matza Ball Soup Oven Fried Fish Roasted Root Vegetables Smoothie</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup, Lox Bagel w/ Cream Cheese, Tomatoes, Onions, & Olives Potato Salad Sherbet</p> <p>DINNER White Bean Vegetable Soup, Herb Baked Chicken, Sweet Potato Vegetable Salad, Fresh Fruit</p>
<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Tortilla Sou , Chicken Enchilada Rice Green Salad Flan</p> <p>DINNER Vegetable Soup, Lemon Herb Chicken, Potatoes, Green Beans, Chocolate Chip Cookies</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Garden Soup, Reuben Sandwich Macaroni Salad Jell-O w/ Cream</p> <p>DINNER Split Pea Soup Grilled Chicken, Assorted Vegetables, Strawberries & Cream</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Barley Soup, Rosemary Roasted Chicken, Egg Noodles, Roasted Vegetables Apple Turnover</p> <p>DINNER Root Vegetable Soup, Grilled Salmon Pesto Pasta Lemon Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Vegetable Soup Turkey Meatloaf Mash Potatoes & Vegetables Sliced Fruit</p> <p>DINNER Split Pea Soup, Sliced Beef, Baked Sweet Potato, Cabbage Vanilla Mousse</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Tomato Soup Gourmet Grilled Cheese, Chips Sliced Fruit</p> <p>DINNER Noodle Soup, Beef W/ Rice, Mushrooms, Chopped Salad Peach Crisps</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Cream Of Broccoli Soup Tuna Melt Oven Roasted Potatoes</p> <p>PASSOVER DINNER Matza Ball Soup Gefilte Fish, Beef Brisket Mashed Potatoes Brussel Sprouts Honey Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Squash Cream Soup Lox Bagel w/ Cream Cheese, Tomatoes, Onions & Olives Greek Salad Lemon Ice Box Pie</p> <p>DINNER Egg Drop Soup, Teriyaki Beef, White Rice, Salad Sugar Cookie</p>
<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>EASTER LUNCH SPECIAL</p> <p>DINNER Tomato Soup Beef White Beans & Brown Rice Fruit & Cream</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Chicken Soup, Quiche, Parmesan Flatbread, Puff Pastry & fruit</p> <p>DINNER Split Pea Soup Chicken Breast, Mashed Potato Broccoli Peach Bars</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Cabbage Soup Turkey Club Sandwich, Potato Salad Honey, Yogurt, & Granola</p> <p>DINNER Matza Ball Soup Lemon Stuffed Fish Broccoli & Red Potatoes Chocolate Ice Cream</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Veggie Soup Chicken & Vegetables Rice Pilaf Ice Cream Sundaes</p> <p>DINNER Egg Drop Soup, Alfredo Pasta Garlic Bread Rice Pudding</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Borscht, Egg Salad Moroccan Carrot Salad, Assorted Macarons</p> <p>PASSOVER DINNER Matzo Ball Soup Gefilte Fish, Beef Brisket, Mashed Potatoes, Brussel Sprouts Honey Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Blueberry Pancakes, Scrambled Eggs, Fresh Fruit</p> <p>LUNCH Vegetable Noodle Soup Pulled Barbeque Chicken, Brown Rice, Steamed Veggies, Honey Yogurt & Berries</p> <p>DINNER Matza Ball Soup Fish of the Day Sweet Potato Quinoa Chocolate Chip Cookies</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Carrot Soup, Lox Bagel w/ Cream Cheese, Tomatoes, Onions, & Olives, Egg Salad Cake</p> <p>DINNER Potato Mushroom Cream Soup Baked Ziti Zucchini w/ Pepper Butter Cookie</p>
<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Lentil Soup Spinach Quiche Roasted Vegetables Vanilla Banana Cake</p> <p>DINNER Carrot Soup Chicken Breast Mashed Potatoes, Broccoli Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Tomato Soup Beef Fajitas, Vegetables, Tortillas, Rice & Beans Fruit Salad</p> <p>DINNER Split Pea Soup Orange Chicken, Brown Rice & Vegetables Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Noodle Soup Roasted Beef Roasted Garlic Red Potatoes Fresh Fruit</p> <p>DINNER Minestrone Soup Baked Fish Rice White Chocolate Mousse</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Split Pea Soup Meatloaf Mash Potato Vanilla Mousse</p> <p>DINNER Egg Noodle Soup Carrot Beef Stew Garden Salad Sugar Cookie</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Veggie Soup Sliced Beef W/ Vegetables, Brown Rice Sherbet</p> <p>DINNER Chicken Soup Chicken Egg Noodle Pasta, Green Salad Fresh Fruit</p>	<p>BREAKFAST Hot or Cold Cereal, Blueberry Muffins, Eggs Sunny Side up, Fresh Fruit</p> <p>LUNCH Tomato Soup Grilled Cheese Sandwich, Greek Salad Vanilla Pudding</p> <p>DINNER Matza Ball Soup Grilled Fish Green Salad rice Lemon Cake</p>	<p>BREAKFAST Hot or Cold Cereal, Bagel, Beef Sausage, Eggs Sunny Side up, Fresh Fruit, Prunes</p> <p>LUNCH Squash Cream Soup Lox Bagel w/ Cream Cheese, Tomatoes, Onions & Olives, Greek Salad Chocolate Chip Cookies</p> <p>DINNER Carrot Soup, Baked Vegetable Quiche, Sliced Melon, Dinner Roll Jell-O w/ Cream</p>

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm
Menu Subject to Change

We prepare our menu with no added salts or sugars.