

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>BREAKFAST 1 Hot/Cold Cereal, Eggs Any Style, Toast Fresh Fruit, Prunes LUNCH Egg Drop Soup Orange Chicken Steamed Vegetables Almond Cookie DINNER Chinese Vegetable Soup Beef with Broccoli, Steamed Rice Ice Cream</p> <p>Chinese New Year (Tiger)</p>	<p>BREAKFAST 2 Hot & Cold Cereal, Bagel, Beef Sausage Boiled Eggs, Fresh Fruit, Prunes LUNCH Garden Soup Pita Pizza, Side Salad Seasonal Fruit Parfait DINNER Tomato Soup Spinach Grilled Cheese, 3 Bean Salad Orange Cake</p> <p>Groundhog Day</p>	<p>BREAKFAST 3 Hot or Cold Cereal, Breakfast Muffins, Scrambled Eggs with Onions and Peppers, Toast, Fresh Fruit LUNCH Vegetable Soup, Grilled Chicken, Squash with Roasted Potatoes, Sliced Melons DINNER Italian Wedding Soup Spaghetti with Meat Sauce Garden Salad Tiramisu</p>	<p>BREAKFAST 4 Hot or Cold Cereal, Yogurt Parfait, Omelettes Toast, with Fresh Fruit LUNCH French Onion Soup Turkey Burger Fries, Lettuce & Tomato, Red Onion Citrus Sorbet DINNER Chicken Noodle Soup, Hummus, Tuna Wrap, Cole Slaw, Jello with Fruit</p>	<p>BREAKFAST 5 Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese LUNCH Split Pea Soup, Meatloaf, Mashed Potatoes Herbed Tomato Salad Chocolate Pudding DINNER Navy Bean Soup Quiche, Salad, Garlic Bread Seasonal Fruit</p>
<p>BREAKFAST 6 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt LUNCH Lima Bean Soup Crispy Chicken Salad with Buttermilk Ranch Dressing, Garlic Bread Ice Cream Sundaes DINNER Orange Lentil Soup Noodle Kugel Yogurt Parfait</p>	<p>BREAKFAST 7 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Butternut Squash Soup Honey Mustard Chicken Quarter Glazed Carrots, Baked Apple DINNER Vegetable Soup, Rolled Lasagna with Meat Sauce, Green Beans, Garlic Bread, Berry Pudding</p>	<p>BREAKFAST 8 French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fruit LUNCH Vegetable Soup, Patty Melt on Rye, Potato Wedges, Fruit Ice (Smoothie) DINNER Clam Chowder Grilled Fish, Green Salad, Shortbread & Berries</p>	<p>BREAKFAST 9 Eggs Any Style, Toast, Turkey Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Lentil Vegetable Soup Turkey Enchiladas with Crema, Rice & Beans, Sherbet FEBRUARY BIRTHDAY DINNER Green Pea Soup Roasted Chicken, Loaded Beet Salad Birthday Cake</p>	<p>BREAKFAST 10 Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit LUNCH Beef Noodle Soup, Turkey salad Wrap, Roasted Potatoes, Green Salad, Fruit Cake DINNER Potato Mushroom Cream Soup Baked Ziti Zucchini with Peppers, Butter Cookie</p>	<p>BREAKFAST 11 Cream of Wheat, Pancakes Eggs Any Style, Meat, and Fruit LUNCH Chicken and Rice Soup, Chicken Curry with Peppers Cucumbers, Red Onions Pudding Parfait DINNER Squash Soup, Oven Fried Fish Roasted Root Vegetables Smoothie</p>	<p>BREAKFAST 12 Toast, Scrambled Eggs, Hot & Cold Cereal, Fresh Fruit, Prune Applesauce LUNCH White Bean soup Hummus Platter with Chopped Salad, Flat Bread, Fruit DINNER Vegetable Noodle Soup , Grilled Cheese with Turkey Tomatoes, & Parsley Sherbet Ice Cream</p>
<p>BREAKFAST 13 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup, Pasta Primavera, Garlic Bread Sliced Cucumber Fruit DINNER Vegetable Soup, Lemon Herb Chicken, Potatoes, Green Beans</p>	<p>BREAKFAST 14 Pancakes, Eggs Any Style, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes VALENTINE'S LUNCH Vegetable Soup Chicken Scampi, Roasted Vegetables Brownie DINNER Hearty Chicken and Vegetable Soup Cobb Salad/Garlic Bread Sliced Fruit</p> <p>Valentine's Day</p>	<p>BREAKFAST 15 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Split Pea Soup Ground Beef Kabobs Dill Rice, Cucumber Salad Ice Cream Sundaes DINNER Beef and Barley Soup, Pasta Primavera, Carrot Cake</p>	<p>BREAKFAST 16 Eggs Any Style, Toast, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup, Vegetable Fried Rice, Egg Roll, Side Salad, Sherbet DINNER Butternut Squash Soup Lemon Herb Chicken Legs Roasted Potatoes, Steamed Vegetables</p>	<p>BREAKFAST 17 Coffee Cake Muffin, Home-Style Potatoes with Peppers, Scrambled Eggs ,Fruit LUNCH Black Bean Soup Crispy Chicken Salad with Buttermilk Ranch Dressing, Garlic Bread Jello with Fruit DINNER White Bean Vegetable Soup, Macaroni and Cheese Green Beans Berry Compote Over Vanilla Ice Cream</p>	<p>BREAKFAST 18 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Clam Chowder, Lemon Stuffed Fish, Broccoli & Red Potato's, Chocolate Ice Cream DINNER Cabbage Soup, Turkey Club Sandwich Potato Salad, Honey Yogurt and Granola</p>	<p>BREAKFAST 19 Hot & Cold Cereal, Poached Eggs, Toast Fresh Fruit, Prunes LUNCH Vegetable Soup, Stuffed Peppers, Salad, Butterscotch Pudding DINNER Pinto Bean Soup Herb Baked Chicken, Sweet Potato Vegetable Salad Watermelon Slice</p>
<p>BREAKFAST 20 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup Chicken Egg Noodle Pasta Green Salad Fruit DINNER Beef Vegetable Soup, Sliced Beef with Gravy,, Brown Rice Pilaf</p>	<p>BREAKFAST 21 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Garden Soup, Corned Beef, Rye Bread, Macaroni Salad, Jello with Cream DINNER Garlic Knot Challah Split Pea Soup Grilled Chicken Salad Spiced Couscous with Almonds Chef's Dessert Presidents' Day</p>	<p>BREAKFAST 22 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato & White Bean Soup, Beet & Butternut Squash Salad with Chicken Cream & Puff Pastry DINNER Squash Soup Baked Quiche, Greens with Fruit Dinner Roll, Jello with Fruit</p>	<p>BREAKFAST 23 Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Barley Squash Soup, 1/4 Chicken Roasted Egg Noodles, Vegetables Apple Turnover DINNER Root Vegetable Soup, Pesto Pasta Salad with Sliced Chicken Lemon Cake</p>	<p>BREAKFAST 24 Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit LUNCH Chicken Pot Pie Garden Salad Fruit DINNER Country Vegetable, Spaghetti & Meat Balls, Salad, Garlic Bread, Chocolate Pudding</p>	<p>BREAKFAST 25 Blueberry Pancakes, Eggs Any Style, Hot & Cold Cereal, & Fresh Fruit LUNCH Chicken Noodle Soup, Assorted Deli Wraps Potato Chips, Orange Slices Chocolate Chip Cookie DINNER Egg Drop Soup Quiche, Potatoes, Salad Honey Yogurt & Berries</p>	<p>BREAKFAST 26 Cream of Wheat, Eggs Any Style, Meat, & Fresh Fruit LUNCH Navy Bean Soup, Opened-Faced Turkey Sandwich Mashed Potatoes & Gravy Hot Fudge Sundae DINNER Italian Feast Soup Chicken Alfredo, Caesar Salad Tiramisu</p>
<p>BREAKFAST 27 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Split Pea Soup, Meatloaf Potato Hash Vanilla Mousse DINNER Sweet Potato Soup, Beef Stew, Egg Noodle, Corn Bread Sugar Cookie</p>	<p>BREAKFAST 28 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese LUNCH Cabbage Soup Fish Fillet, Couscous with Vegetables Baked Blueberry Apple Slices DINNER Vegetable Rice Soup, Warm Turkey Salad Banana Pudding</p>	 <h1 style="color: white; text-shadow: 2px 2px 4px #000;">FEBRUARY 2022</h1>				

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm
Menu Subject to Change

We prepare our menu with no added salts or sugars.
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