

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>BREAKFAST</b> 1 Hot/Cold Cereal, Eggs Any Style, Toast Fresh Fruit, Prunes <b>MARDI GRAS LUNCHEON</b> Chicken Gumbo Muffulettas, Macaroni Salad King Cake <b>DINNER</b> Cajun Vegetable Soup Chicken Jambalaya Beignets  Mardi Gras	<b>BREAKFAST</b> 2 Hot & Cold Cereal, Bagel, Beef Sausage Boiled Eggs, Fresh Fruit, Prunes <b>LUNCH</b> Garden Soup Flatbread Pizza, Side Salad Seasonal Fruit Parfait <b>DINNER</b> Tomato Soup 3 Cheese Grilled Cheese Sandwich, Fruit Salad Pound Cake with Whipped Cream  Ash Wednesday	<b>BREAKFAST</b> 3 Hot or Cold Cereal, Breakfast Muffins, Scrambled Eggs with Onions and Peppers, Toast, Fresh Fruit <b>LUNCH</b> Vegetable Soup, Grilled Chicken, Mashed Potatoes, Green Beans Ice Cream <b>DINNER</b> Italian Wedding Soup Spaghetti with Meat Sauce Garden Salad Tiramisu	<b>BREAKFAST</b> 4 Hot or Cold Cereal, Yogurt Parfait, Omelettes Toast, with Fresh Fruit <b>LUNCH</b> French Onion Soup Veggie Burger Fries, Lettuce & Tomato, Red Onion Citrus Sorbet <b>DINNER</b> Matza Ball Soup Salmon w Steamed Vegetables Fresh Fruit	<b>BREAKFAST</b> 5 Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese <b>LUNCH</b> Split Pea Soup Lox Bagel Herbed Tomato Salad Baked Apple <b>DINNER</b> Chicken Noodle Soup Turkey Chili, Rice, Vegetable Medley Cornbread Seasonal Fruit
<b>BREAKFAST</b> 6 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt <b>LUNCH</b> Vegetable Soup, Patty Melt on Rye, Potato Wedges, Chocolate Cake <b>DINNER</b> Hearty Chicken and Vegetable Soup Cobb Salad, Garlic Bread Sliced Fruit	<b>BREAKFAST</b> 7 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Butternut Squash Soup BBQ Chicken Quarter Roasted Potatoes, Steamed Broccoli Spice Cake <b>DINNER</b> Cabbage Soup, Turkey Club Sandwich Potato Salad, Honey, Yogurt and Granola	<b>BREAKFAST</b> 8 French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fruit <b>LUNCH</b> Lima Bean Soup Crispy Chicken Salad with Buttermilk Ranch Dressing, Garlic Bread Ice Cream Sundaes <b>DINNER</b> Vegetable Lentil Soup Noodle Kugel Yogurt Parfait	<b>BREAKFAST</b> 9 Eggs Any Style, Toast, Turkey Sausage Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Beef Barley Soup Reuben Panini Chips, Fresh Fruit Peach Crisp <b>MARCH BIRTHDAY DINNER</b> Green Pea Soup Roasted Chicken, Loaded Beet Salad Birthday Cake	<b>BREAKFAST</b> 10 Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit <b>LUNCH</b> Beef Noodle Soup Chicken Enchiladas, Rice and Beans, Green Salad Churros <b>DINNER</b> Cream of Mushroom Soup Pasta with Meatballs Butter Cookie	<b>BREAKFAST</b> 11 Cream of Wheat, Pancakes Eggs Any Style, Meat, and Fruit <b>LUNCH</b> Vegetable Rice Soup, Stir Fried Vegetables, Egg Fried Rice Vegetable Egg Rolls Almond Cookie <b>DINNER</b> Matza Ball Soup Oven Fried Fish, Roasted Root Vegetables Smoothie	<b>BREAKFAST</b> 12 Toast, Scrambled Eggs, Hot & Cold Cereal, Fresh Fruit, Prune Applesauce <b>LUNCH</b> White Bean Soup Bagel with Lox Steamed Peas Fruit Tart <b>DINNER</b> Vegetable Noodle Soup , Grilled Cheese with Turkey Tomatoes, & Parsley Sherbet Ice Cream
<b>BREAKFAST</b> 13 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Tortilla Soup, Chicken Enchilada, Rice Green Salad Flan <b>DINNER</b> Vegetable Soup, Rolled Lasagna with Meat Sauce Green Beans, Garlic Bread Berry Pudding	<b>BREAKFAST</b> 14 Pancakes, Eggs Any Style, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup Chicken Scampi, Roasted Vegetables Brownie <b>DINNER</b> Hearty Chicken and Vegetable Soup Cobb Salad, Garlic Bread Sliced Fruit	<b>BREAKFAST</b> 15 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Split Pea Soup Ground Beef Kabobs Dill Rice, Cucumber Salad Ice Cream Sundaes <b>DINNER</b> Beef Barley Soup, Pasta Primavera, Garlic Bread Carrot Cake	<b>BREAKFAST</b> 16 Eggs Any Style, Toast, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Noodle Soup Coconut Crusted Chicken Breast Black Bean Salad, Tropical Slaw Chocolate Mousse <b>PURIM DINNER</b> Matzah Ball Soup Brisket, Baked Sweet Potato, Sautéed Spinach Hamantaschen	<b>BREAKFAST</b> 17 Coffee Cake Muffin, Home-Style Potatoes with Peppers, Scrambled Eggs ,Fruit <b>LUNCH</b> Vegetable Lentil Soup Noodle Kugel Yogurt Parfait <b>ST PATRICK'S DINNER</b> Cabbage Soup Pasta with Meat Sauce Apple Cake  St. Patrick's Day	<b>BREAKFAST</b> 18 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit <b>LUNCH</b> Clam Chowder, Lemon Stuffed Fish, Broccoli & Red Potato's, Chocolate Ice Cream <b>DINNER</b> Matza Ball Soup Baked Fish Honey, Yogurt and Granola	<b>BREAKFAST</b> 19 Hot & Cold Cereal, Poached Eggs, Toast Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup, Lox Bagel Fresh Fruit <b>DINNER</b> White Bean Vegetable Soup, Herb Baked Chicken, Sweet Potato Vegetable Salad Watermelon Slice
<b>BREAKFAST</b> 20 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Vegetable Soup Chicken Egg Noodle Pasta Green Salad Fruit <b>DINNER</b> Beef Vegetable Soup, Sliced Beef with Gravy Brown Rice Pilaf Sherbet  Spring Begins	<b>BREAKFAST</b> 21 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Garden Soup, Reuben Sandwich, Macaroni Salad Jello with Cream <b>DINNER</b> Split Pea Soup Grilled Orange Chicken Salad Strawberries and Cream	<b>BREAKFAST</b> 22 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chile Con Carne White Rice, Garden Salad, Cornbread Churros with Ice Cream <b>DINNER</b> Squash Soup Baked Vegetable Quiche, Sliced Melon Dinner Roll Jello with Cream	<b>BREAKFAST</b> 23 Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Barley Soup, Rosemary Roasted Chicken, Egg Noodles, Roasted Vegetables Apple Turnover <b>DINNER</b> Root Vegetable Soup, Grilled Salmon, Pesto Pasta, Lemon Cake	<b>BREAKFAST</b> 24 Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit <b>LUNCH</b> Chicken Pot Pie Garden Salad Peaches with Cottage Cheese <b>DINNER</b> Italian Wedding Soup, Spaghetti with Meatballs, Side Salad, Garlic Bread, Chocolate Pudding	<b>BREAKFAST</b> 25 Blueberry Pancakes, Eggs Any Style, Hot & Cold Cereal, & Fresh Fruit <b>LUNCH</b> Vegetable Orzo Soup Baked Fish Sandwich Potato Chips, Orange Slices Chocolate Chip Cookie <b>DINNER</b> Matza Ball Soup Salmon with Vegetable Rice Honey Yogurt & Berries	<b>BREAKFAST</b> 26 Cream of Wheat, Eggs Any Style, Meat, & Fresh Fruit <b>LUNCH</b> Navy Bean Soup, Lox Bagels Hot Fudge Sundae <b>DINNER</b> Egg Drop Soup Teriyaki Beef, White Rice, Salad Sugar Cookie
<b>BREAKFAST</b> 27 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Split Pea Soup Meatloaf, Potato Hash Vanilla Mousse <b>DINNER</b> Garden Salad Vegetable Beef Stew, Egg Noodle Sugar Cookie	<b>BREAKFAST</b> 28 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese <b>SOUTHERN STYLE LUNCH</b> Wild Rice Soup Crispy Fried Chicken, Mashed Potatoes, Sauteed Cabbage, Biscuits Red Velvet Cake <b>DINNER</b> Tomato Soup Tuna Melt, Green Salad, Chips Banana Pudding	<b>BREAKFAST</b> 29 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Chile Con Carne White Rice, Garden Salad, Cornbread Churros with Ice Cream <b>DINNER</b> Squash Soup Baked Vegetable Quiche, Sliced Melon Dinner Roll Jello with Cream	<b>BREAKFAST</b> 30 Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes <b>LUNCH</b> Barley Soup, Rosemary Roasted Chicken, Egg Noodles, Roasted Vegetables Apple Turnover <b>DINNER</b> Root Vegetable Soup, Grilled Salmon, Pesto Pasta, Lemon Cake	<b>BREAKFAST</b> 31 Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit <b>LUNCH</b> Chicken Pot Pie Garden Salad Peaches with Cottage Cheese <b>DINNER</b> Italian Wedding Soup, Spaghetti with Meatballs, Side Salad, Garlic Bread, Chocolate Pudding		

March 2022

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm  
 Menu Subject to Change

We prepare our menu with no added salts or sugars.  
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