

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



			<p>9:30 Morning Stroll 10:00 Stretch It Out 11:00 Bingo 1:15 Artist Feature: Salvador Dali 2:00 For Your Health Series Coping with Grief 3:00 Art Outside the Lines with Betty 4:00 Hanukkah Cocktail Hour 4:30 Hanukkah Candle Lighting 6:00 Netflix Series <i>Ginny & Georgia</i></p> <p style="text-align: center;">Hanukkah</p>	<p>9:30 Group Crossword Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 Stravinsky Listening Party 2:00 DIY WWreaths 3:30 Current Events Discussion 4:30 Hanukkah Candle Lighting 6:00 Hollywood Golden Age Film <i>A Christmas Carol</i></p> <p style="text-align: center;">Hanukkah</p>	<p>9:30 Reykjavik Roasters 10:00 Chair Barre 11:00 Cantor Mitzi's Shabbat Service 1:00 Our Planet: Deserts to Grasslands 2:00 Activities & Film Committee 3:00 Sing Along to the Classics 3:30 Martel Stroll 4:00 Bingo 4:45 Hanukkah Candle Lighting 6:00 Friday Evening Ballet <i>Swan Lake</i></p> <p style="text-align: center;">Hanukkah</p>	<p>10:00 Saddleback Church Service 11:00 Bingo 1:30 HASFit Healthy Joints 2:00 Audible Book Club: Winter Holidays Saturday Afternoon Live Entertainment 4:00 Gratitude Journal 4:30 Hanukkah Candle Lighting 6:00 Saturday Night Fun Flick <i>Scrooged</i> Hanukkah/Happy Birthday, Lily S.</p>
<p>10:00 Chair Yoga 11:00 Bingo 12:00 Hanukkah Luncheon 1:30 Musical Relaxation 2:00 Holiday Ornament Craft 3:00 Audible Book Club Winter Holidays 4:00 Hanukkah Service with Ter Lieberstein 6:00 Hanukkah Movie <i>Yentl</i></p> <p style="text-align: center;">Hanukkah</p>	<p>9:30 Morning Affirmations 10:00 Chair Cycle 11:00 Bingo 1:00 Lord Howe Island 2:00 Makers and Bakers: Orange Pomanders 3:00 Deck the Halls! 4:00 Guess the Carol! 4:30 A Walk in the Park 6:00 Modern Film Classic <i>The Notebook</i></p>	<p>9:30 That's So Cliche 10:00 Cesar's Healthy Joints 11:00 Bingo 1:30 The Artistry of Khatia Buniatishvili 2:00 Gardens Nail Spa 2:30 Casino Royale 3:30 Remembering Pearl Harbor 4:30 Jingle Bell Rock Out 6:00 Tuesday Night Biopic <i>The Greatest Showman</i></p>	<p>9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Hollywood Entertainer Feature: Albert Einstein 2:00 Trivial Pursuit 3:00 Art Outside the Lines 4:00 Happy Hour: Mulled Wine 6:00 Netflix Series <i>Ginny & Georgia</i> Happy Birthday, Gerrie R.</p>	<p>9:30 Scattegories Challenge 10:00 Fit to the Core 11:00 Bingo 1:30 Johnny Mathis Listening Party 2:00 Resident Council 3:00 Watercolor Winter Flowers 4:30 Poinsettia Stroll 6:00 Hollywood Golden Age Film <i>Ocean's 11</i></p>	<p>9:30 Peppermint Cafe 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 1:00 The Canary Islands 2:00 Getting Through It Together Loneliness at Holiday Time 3:00 Writing Club 3:30 Bingo 4:30 Martel Stroll 6:00 Friday Evening Musical <i>RENT</i></p>	<p>10:00 Saddleback Church Service 11:00 Bingo 1:30 Chair HIIT with Meredith 2:00 Audible Book Club Winter Holidays Saturday Afternoon Live Entertainment 4:00 Imagine! Draw! Paint! Create! Button Art 6:00 Saturday Night Fun Flick <i>Home Alone</i></p>
<p>10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club Winter Holidays 3:00 Sunday Afternoon Matinee Annie 6:00 Classic Holiday Favorite <i>A Charlie Brown Christmas</i></p>	<p>9:30 Guided Meditations 10:00 Kickboxing 11:00 Bingo 1:00 Land of Ice and Snow 2:00 Jeopardy Challenge 3:00 Makers and Bakers: Gingerbread Houses 4:30 Poinsettia Walk 6:00 Modern Film Classic <i>Mulan (Live Action)</i></p>	<p>9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Chopin Listening Party 2:00 Melrose Nail Salon 2:30 Interesting Facts About Iceland 3:30 Board Game Cafe 6:00 Tuesday Night Biopic <i>The Iron Lady</i></p>	<p>9:30 Morning Stroll 10:00 Stretch It Out 11:00 Bingo 1:00 Hollywood Entertainer Feature: Merv Griffin 2:00 Pokemo 101 3:00 Art Outside the Lines with Betty 4:00 Happy Hour: December Birthday Toast 6:00 Netflix Series <i>Ginny & Georgia</i></p>	<p>9:30 Group Crossword Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 Smithsonian Museum of American History 2:00 Holiday Tricky Tray Resident Auction 3:00 Current Events Discussion 4:30 A Walk in the Park 6:00 Hollywood Golden Age Film <i>It's a Wonderful Life</i></p>	<p>9:30 Reykjavik Roasters 10:00 Chair Barre 11:00 Cantor Mitzi's Shabbat Service 1:00 Under the Antarctic Ice 2:00 Jewelry Making 3:00 Jingle Bell Jam 3:30 Bingo 4:30 Martel Stroll 6:00 Friday Night Musical <i>Mame</i></p>	<p>10:00 Saddleback Church Service 11:00 Bingo 1:00 Cardio with HASfit 2:00 Audible Book Club Winter Holidays 3:00 Saturday Afternoon Live Entertainment 4:00 Gratitude Journal 6:00 Saturday Night Fun Flick <i>Elf</i></p>
<p>10:00 Chair Yoga 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club Winter Holidays 3:00 Sunday Afternoon Matinee Miracle on 34th Street 6:00 Classic Holiday Favorite <i>How the Grinch Stole Christmas</i></p> <p style="text-align: center;">Happy Birthday, Donald W</p>	<p>9:30 Morning Affirmations 10:00 Cycling through a Winter Wonderland 11:00 Bingo 1:00 Arctic and Antarctic: Conquering the Poles 2:00 Makers and Bakers Homemade Marshmallows 3:00 All Aboard the Polar Express 6:00 Monday Night Ballet The Nutcracker</p>	<p>9:30 Finish the Phrase 10:00 Healthy Joints with Cesar 11:00 Bingo 1:00 The Music of The Sound of Music 2:00 Happy Nails 3:00 Ugly Sweater Creations 4:00 Welcome Winter 6:00 Tuesday Night Biopic <i>The Theory of Everything</i></p> <p style="text-align: center;">Winter Begins</p>	<p>9:30 Morning Stroll 10:00 Resistance Training 11:00 Bingo 1:00 Hollywood Entertainer Feature: JK Rowling 2:00 Bingo 3:00 Sorting Ceremony 4:00 Happy Hour Polyjuice Potion 6:00 Evening Film <i>Harry Potter and the Sorcerer's Stone</i></p>	<p>9:30 Scattegories Challenge 10:00 Fit to the Core 11:00 Bingo 1:30 Tchaikovsky Listening Party 2:00 Ugly Sweater Cookie Decorating 3:00 Hot Cocoa and Caroling 4:30 Poinsettia Stroll 6:00 Hollywood Golden Age Film <i>The Bishop's Wife</i></p>	<p>9:30 Pumpkin Spice Cafe 10:00 Tai Chi 11:00 Cantor Mitzi's Shabbat Service 1:00 'Twas the Night Before Christmas 2:00 Candy Cane Lane Holiday Party 4:00 Bingo 6:00 Friday Night Musical <i>White Christmas</i></p>	<p>10:00 Saddleback Church Service 11:00 Bingo 1:30 Total Body Work with Meredith 2:00 Holiday Trivia 3:00 Crafting Under the Mistletoe 4:00 Audible Book Club: Winter Holidays 6:00 Christmas Cinema <i>A Christmas Story</i> Christmas</p> <p style="text-align: center;">Happy Birthday, Diana L.</p>
<p>10:00 Stretch and Flex 11:00 Bingo 1:30 Sunday Meditation 2:00 Audible Book Club Winter Holidays 3:00 Sunday Afternoon Matinee An Affair to Remember 6:00 Classic Holiday Favorite <i>Frosty the Snowman</i></p> <p style="text-align: center;">Kwanzaa Begins</p>	<p>9:30 Guided Meditations 10:00 Kickboxing 11:00 Bingo 1:00 Top 10 Enigmas of the Ancient World 2:00 Makers and Bakers: Mini Pizzas 3:00 Trivia Challenge 4:00 Brain Fitness 4:30 Poinsettia Stroll 6:00 Modern Film Classic: Love, Actually</p>	<p>9:30 Today in History 10:00 Cesar's Healthy Joints 11:00 Bingo 1:00 Disco Listening Party 2:00 Melrose Nail Salon 3:00 Casino Royale 4:00 Winter Barn Acrylic Painting 6:00 Tuesday Night Biopic <i>The Queen</i></p>	<p>9:30 Morning Stroll 10:00 Stretch It Out 11:00 Bingo 1:00 Hollywood Entertainer Feature: Gloria Vanderbilt 2:00 Nerf Target Practice 3:00 Art Outside the Lines Etched New Year's Fireworks 4:00 Happy Hour Beer and Pretzels 6:00 Netflix Series <i>Ginny & Georgia</i></p>	<p>9:30 Group Crossword Challenge 10:00 Fit to the Core 11:00 Bingo 1:00 New York Philharmonic: Bernstein on Broadway 2:00 New Years Resolutions 3:00 New Year's Banished Words 4:30 A Walk in the Park 6:00 Hollywood Golden Age Film</p>	<p>9:30 Reykjavik Roasters 10:00 Chair Barre 11:00 Cantor Mitzi's Shabbat Service 1:00 The Year in Review 2:00 2022 Vision Boards 3:00 Watercolor Class with Danielle 4:00 Bingo 6:00 New Year Dessert Party and Champagne Toast</p> <p style="text-align: center;">New Year's Eve</p>	